



# WEEK 3

STEP  
1

Choose from...

Main

Vegetarian

Extra option

STEP  
2

...and to finish!

Bread and Salad will be available at Lunch Times

MONDAY

Pork Hotpot

to go with

Carrots, Pasta, Peas, Boiled Potatoes

Cheese & Onion Roll

to go with

Carrots, Pasta, Peas, Boiled Potatoes

Fish Cake

to go with

Carrots, Pasta, Peas, Boiled Potatoes

Banana Flapjack

to go with  
Custard

Fresh Fruit Pot,  
Cheese and Biscuits

TUESDAY

Beef Lasagne

to go with

Broccoli, Potato Wedges, Swede, Boiled Potatoes

Vegetable Fingers

to go with

Broccoli, Potato Wedges, Swede, Boiled Potatoes

Quorn Sausages

to go with

Broccoli, Potato Wedges, Swede, Boiled Potatoes

Chocolate Surprise Sponge

to go with  
Custard

Fresh Fruit Pot,  
Yoghurt

WEDNESDAY

Roast Chicken & Stuffing

to go with

Cabbage, Carrots, Cauliflower, Roast Potatoes, Gravy, Boiled Potatoes

Quorn Fillet & Stuffing

to go with

Cabbage, Carrots, Cauliflower, Roast Potatoes, Gravy, Boiled Potatoes

Fish Fingers

to go with

Cabbage, Carrots, Cauliflower, Roast Potatoes, Boiled Potatoes

Apple & Blackberry Crumble

to go with  
Custard

Fresh Fruit Pot,  
Yoghurt

THURSDAY

Chicken Pie

to go with

Carrots, Diced Potatoes, Spaghetti Hoops, Boiled Potatoes

Jacket Potato with Grated Cheese

to go with

Carrots, Diced Potatoes, Spaghetti Hoops, Boiled Potatoes

Omelette

to go with

Carrots, Diced Potatoes, Spaghetti Hoops, Boiled Potatoes

Fruit Pancakes

to go with  
Custard

Fresh Fruit Pot,  
Yoghurt

FRIDAY

Chicken Nuggets

to go with

Baked Beans, Chips, Mixed Veg, Boiled Potatoes

Homemade Cheese & Tomato Pizza

to go with

Baked Beans, Chips, Mixed Veg, Boiled Potatoes

Fish Fingers

to go with

Baked Beans, Chips, Mixed Veg, Boiled Potatoes

Peach Sponge

to go with  
Custard

Fresh Fruit Pot,  
Cheese and Biscuits

